

NEW HAMPSHIRE 5-DAY ITINERARY:

Day 1:- Arrival

For guest arriving by air we pickup at the Portland, ME Airport at 4:30 p.m. (please see the travel below).

Arriving by car we meet at the White Mountain Hotel in North Conway, NH, check in is 3 p.m. (driving directions can be found by visiting the inns website at www.whitemountainhotel.com).

Our first day activity is a pre-dinner get-together at approx. 6:30 p.m

HIKING DAYS:- Some of the hikes

Day 2 (5.2 - 7.2 miles)

We begin the week with a short but rewarding hike to the open ledge crowning the summit of Black Cap where a glorious mountain-filled panorama greets us. Later, we'll walk through the quaint village of Jackson and have lunch by sparkling Jackson Falls. A choice in the afternoon of easier hikes to Lost Pond, Glen Ellis Falls and Crystal Cascade in Pinkham Notch, or more rugged hikes to either Pine Mtn or Lowe's Bald Spot with their fantastic views of the Presidential Range, completes our day.

Day 3 (5.6 - 8.4 miles)

The route of an old logging railroad guides us to remote Zealand Notch where lunch will be served overlooking Zealand Falls. After lunch, we might tackle a steep stretch of the Appalachian Trail to a superb view from the brow of Zeacliff or clamber up the rocky knob of Middle Sugarloaf with its 360 degree vista. Those wanting an easier afternoon can discover the hidden falls, pools, and potholes along the Ammonoosuc River before relaxing awhile in the luxurious splendor of the famous Mt. Washington Hotel.

Day 4 (5.7 - 8.5 miles)

Above scenic Franconia Notch lovely Lonesome Lake reflects a magnificent view of Franconia Ridge. It is reached via the rugged Cascade Brook trail or the easier Lonesome Lake trail. If the weather allows, our more ambitious hikers might climb high above the Notch, past Greenleaf Hut to treeline on rugged Mt. Lafayette. Others might enjoy the graded trails and wooden walkways of The Flume, one of New Hampshire's most famous attractions.

Day 5 (4.8 - 10.0 miles)

There are a half dozen beautiful waterfalls in Crawford Notch. Nancy Brook, just south of our Inn, leads us to secluded Nancy Falls, or perhaps we'll take the popular hike to New Hampshire's highest, Arethusa Falls. Later, a walk along the Saco River into the heart of the Notch ends at the site of the historic Willey Slide of 1827. We'll pick one of the numerous challenging options. A climb up Mt. Eisenhower will bring vigorous hikers above treeline with dramatic views of nearby Mt. Washington. Across from our Inn the Davis Path, once a bridle path to the summit of Mt. Washington, leads to three craggy summits with outstanding

views; Mt. Crawford, Mt. Stairs and Mt. Resolution. Even Mt. Washington is possible via the Ammonoosuc Trail past Lakes of the Clouds Hut. This trail is rigorous and well above treeline and is possible only in the best weather conditions and for the fittest hikers.

Day 6 (3.0 – 4.5 miles)

The final day is a half day of hiking, but offers some of the most spectacular views anywhere in the White Mountains. Our 4 1/2 mile route takes us past "Diana's Bath", a wonderful series of cascades and pools and then leads up the back side of the White Horse and Cathedral ledges. These sheer granite faces are a favorite of rock climbers from all over the country and the view from the top of the Mount Washington Valley, the village of North Conway and the turquoise waters of Echo Lake is really hard to beat! We end on top of Cathedral Ledge for lunch (there is a road to the top of this spot). We then return to the hotel around 1:30 p.m. for a shower and drive back to the airport.

WHITE MOUNTAIN 5-DAY - THE INNS

SUNDAY & MONDAY

The White Mountain Hotel and Resort
West Side Road / P.O. Box 1828
North Conway, NH 03860
Tel.: (800) 533 6301 or (603) 356 7100
Fax: (603) 383 8062
email: info@whitemountainhotel.com
www.whitemountainhotel.com
(full liquor license)

TUESDAY & WEDNESDAY

The Notchland Inn
Route 302
Hart's Location, NH 03812
Tel: guests: (603) 374 6131 res: (800) 866 6131
Les Schoof and Ed Butler
e mail: innkeepers@Notchland.com
www.notchland.com
(full liquor license)

THURSDAY

The White Mountain Hotel and Resort
West Side Road / P.O. Box 1828
North Conway, NH 03860
Tel.: (800) 533 6301 or (603) 356 7100
Fax: (603) 383 8062
email: info@whitemountainhotel.com
www.whitemountainhotel.com

(full liquor license)

If you are interested in additional information about the hotel/inn, we invite you to visit their web site, or call and request a brochure.

TRAVEL

If you are driving to our first night's lodging at The White Mountain Hotel, driving directions can be found by visiting the Hotel's web site at www.whitemountainhotel.com

If you are arriving by public transportation we offer the following pick up schedule:-

FROM AIRPORTS:-

WHITE MTNS.

Portland, Me. Airport - 4:30 p.m. (Delta, United, Continental, etc.)

Should you need somewhere to stay in Portland pre or post trip, we recommend the following hotels, downtown:

Eastland Park Hotel (207) 775 5411 (ask for Carol Henigan)

www.eastlandparkhotel.com

The Inn on Carleton (800) 639 1779 (ask for Phil)

www.innoncarleton.com

Inn at Saint John (800) 636 9127 www.innatsaintjohn.com

Boston Airport - shuttle service is not available, please see bus schedule

We can return hikers to the airport at 3:30 p.m. for flights from 4 p.m. on, on the last day of the trip (earlier times can sometimes be arranged).

FOR TRIPS THAT BEGIN SUNDAY YOU SHOULD BE AWARE THAT FLIGHTS ARE OFTEN CHEAPER IF YOU ARRIVE ON SATURDAY.

FROM BUSES:-

Concord Trailways (800) 639 3317 or (603) 228 3300 offers bus service from Boston to North Conway, N.H. where we can meet you. (Arrives approx. 1:25 p.m.) www.concordtrailways.com

Greyhound has a limited service from Portland to North Conway.

IT IS VITAL THAT YOU LET US KNOW YOUR TRAVEL PLANS IN ORDER FOR US TO MEET YOU.

FOR ASSISTANCE PLEASE CONTACT OUR TRAVEL SERVICE: BETTER TRAVEL @ 1-800-331-6996